

## REGISTRATION INFO

1. Registration in 2009 Cardio Challenge includes entry fee and T-Shirt or bag.
2. Entry fee and participant information must be turned into either your Team Captain or the front desk at your Fitness Centre.
3. All applicants, pledge sheets must be turned in along with monies raised on May 19th.
4. Please Note: Once you sign up please let your Team Captain or the front desk at your Fitness Centre know, so they may order your Sports Bag.

## REGISTRATION

Male  Female

\_\_\_\_\_  
Name of Participant

\_\_\_\_\_  
Address

\_\_\_\_\_  
City

\_\_\_\_\_  
Postal Code

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Email

Entry Fee: Kids for Hospice:  \$30 in pledges or cash  
Adults  \$40 cash or \$75 in pledges

Tech Shirt Size:  S  M  L  XL  
(adult sizes)

Please make cheques payable to:  
FITNESS FOR HOSPICE

## 2009 OFFICIAL SPONSORS



**TIMEX**



**MAY 4TH - 18TH, 2009**



**www.cardiochallenge.ca**  
**www.fitnessforhospice.com**

